

Don't Guess. Test!



1

Health Trio

Your starting point! Knowing where you stand with these critical wellness markers is an absolute MUST! Get a single test or bundle all three!

- Blood Sugar Test (A1c)
- Vitamin D
- Essential Fatty Acid Deficiencies (Omega 3,6)

In-home blood spot kit

2

Comprehensive Profile

Next, find out what nutrients you are missing and get a customized supplement plan to replace them. Nutritional deficiencies can be the cause for fatigue, depression, memory loss, heart disease, toxicity, digestive conditions, and stubborn weight-loss. Let's catch disease before it starts!

- Vitamin & Mineral, Antioxidant, and Amino Acid Deficiencies
- Brain/Neurotransmitter Deficiencies
- Detoxification Capacity
- Yeast Overgrowth
- Leaky Gut
- Delayed Food Sensitivites

In-home blood spot kit

3

Functional Health Report

Welcome to a new way of wellness! Utilizing "functional ranges", your lab results are analyzed by a functional medicine physician based upon a "new normal" for what is considered healthy. Get to the root of common chronic conditions and conquer them with supplementation.

- Menopause Symptoms
- Blood Sugar Imbalances
- Inflammation & Heart Disease
- Inflammation & Joint Pain
- Constant Constipation or Diarrhea

Lab blood draw